



Desert Sierra Region

5 a Day—Power Play! Campaign

Community Youth Registration



Welcome to the Desert Sierra Region *5 a Day—Power Play!* Campaign! We look forward to assisting you in sharing nutrition education with your 9 - 11 year old children in a *FUN, FREE, and TIME-SAVING* way! Simply complete this form for your **FREE** materials. You should receive them in 1-2 weeks. Your questions and suggestions are always welcome. Please contact us at the phone numbers listed below.

Free Community Youth Organization Kit: \$50 value

- ✎ 12 Fun fruit and vegetable activities to help your 9 - 11 year old children learn about 5 a Day!
- ✎ 1 Cassette tape with the 5 a Day Rap Song
- ✎ 1 "Kids... Get Cookin'!" All-Star Fast and Fun Recipes Cookbook (English & Spanish). This cookbook for kids features fruit and vegetable recipes, celebrity photos and colorful graphics intended to inspire children and families. Please order one for each 9 to 11 year old child.
- ✎ 1 English and 1 Spanish colorful brochure, with tips for parents and a family game - please order enough for each 9 to 11 year old child.
- ✎ Please order enough cookbooks and brochures for all of your 9 to 11 year old participants.
- ✎ Bi-lingual Serving Size and Activity Posters are also available for your sites

Leader's Name (please print): _____

Organization Name: _____

Address: _____ City/Zip _____

County: _____ Phone: (_____) _____

E-mail: _____

School District: _____ School: _____

Total # of 9 - 11 year old children: _____ Have you used *Power Play!* before? ☐ Yes ☐ No

I commit to teach a minimum of 5 Power Play! Activities with my group. I plan to begin on (month/year)_____ and will complete by (month/year)_____.

Signature: _____ Date: _____

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